



YPO Saudi Chapter
YPO Gold Saudi Chapter

Dr. Jerry V. Teplitz
Jerry Teplitz Enterprises, Inc.
1304 Woodhurst Drive
Virginia Beach, VA 23454

Dear Dr. Teplitz:

On behalf of our YPO Gold Saudi Chapter, I want to thank you for the outstanding virtual presentation you did in December for our members, spouses, and youth on *Managing Your Stress in These Difficult Times*.

YPOers have heard a lot of speakers so it was impressive that 90% of the attendees rated your session as Excellent. One of the things that I appreciated was your willingness to go the extra mile by your researching and presenting how COVID-19 is specifically affecting us in Saudi Arabia.

You also said your presentation would be highly interactive and it was. You said the attendees would actually experience what you were teaching, and they did. You said that they would experience a 2-minute technique to get rid of the charge attached to a negative stressful thought, and you succeeded. Everything you promised you delivered!

I thought you'd like to see some of the comments our members made after your virtual presentation as it shows the very positive impact you had on our members and their families.

"Engaging and inspiring"

"The event changed my thinking"

"It was an amazing experience"

"Thank you for the great event"

"An engaging resource who had a very interesting subject"

I would highly recommend your program to other YPO Chapters, Area Conferences and Universities. Your program would also be great for members to have you present to their staffs since today everyone is experiencing a great deal of stress and your approach would really help a lot of people.

Finally, I can say without a doubt that you really armed our attendees with unique and powerful ways to cope with the stresses caused by COVID-19. We are grateful.

Sincerely,

Mazin Al-Moallim

Day Chair – YPO Gold Saudi Chapter

Ali Alddabagh

Learning Chair – YPO Gold Saudi Chapter

Shuckri Bundakji

Chapter Chair – YPO Gold Saudi Chapter